

Weigh-Ins / Weight Allowances

Weigh-Ins

Weigh-ins will be held in the Exhibition Hall of the La Crosse Center as follows:

- 7:45 a.m. on Friday, December 27
- 8:00 a.m. on Saturday, December 28
Note that this will be for both the Bi-State Classic and the Bi-State Classic Women's Showcase participants.

Only team personnel and school personnel will be allowed in the weigh-in areas.

New for 2019

We will use 14 scales for weigh-ins. Schools will be assigned to a scale (see table below) and weigh in by team rather than weight class as done in prior years.

	<u>Scale</u>	<u>Scale</u>	<u>Scale</u>	<u>Scale</u>	
Adams-Friendship.....	1	Ithaca/Weston.....	5	Pulaski.....	10
Aquinas.....	1	Kickapoo/La Farge/Youth Initiative.....	6	Richland Center.....	10
Athens.....	1	La Crescent-Hokah.....	6	River Valley.....	11
Auburndale.....	1	La Crosse Logan/Central.....	6	Riverdale.....	11
Baraboo.....	1	Lakeville South.....	6	Royall.....	11
Belmont/Platteville.....	2	Lancaster.....	6	Sheboygan Falls.....	11
Bloomington Kennedy/Jefferson.....	2	Lewiston-Altura/Rushford Peterson.....	7	South Saint Paul.....	11
Boscobel.....	2	Lodi.....	7	Sparta.....	12
Caledonia/Houston.....	2	Luxemburg-Casco.....	7	Spencer/Columbus Catholic.....	12
Cashton.....	2	Marshfield.....	7	Stanley-Boyd/Owen-Withee.....	12
Chatfield.....	3	Mauston.....	7	Stillwater.....	12
Cuba City/Benton/Southwestern.....	3	Medford.....	8	Stratford.....	12
D.C. Everest.....	3	Middleton.....	8	Tomah.....	13
De Soto.....	3	Monroe.....	8	Verona Area.....	13
Dodgeville.....	3	Mount Horeb.....	8	Viroqua.....	13
Eastview.....	4	Muskego.....	8	Wausaukee.....	13
Eau Claire North.....	4	Nekoosa/Assumption/Port Edwards.....	9	Wausau West.....	13
GET/Melrose-Mindoro.....	4	New Lisbon.....	9	West Allis Central.....	14
Goodhue.....	4	New Richmond.....	9	West Salem/Bangor.....	14
Hastings.....	4	North Crawford/Seneca.....	9	Westby.....	14
Hillsboro.....	5	Oconto Falls.....	9	Winona/Winona-Cotter.....	14
Holmen.....	5	Orono.....	10	Zumbrota-Mazeppa.....	14
Hudson.....	5	Portage.....	10		
Iowa-Grant/Highland.....	5	Prairie du Chien.....	10		

Weight Allowances

- NFHS weight classes will be used.
- For day 1, there will be a two-pound weight allowance, i.e., wrestlers in the 106 lb. weight class can weigh 108 lbs. or less.
- For day 2, there will be an additional one-pound weight allowance, i.e., wrestlers in the 106 lb. weight class can weigh 109 lbs. or less.