Return-to-Play Policy



Bi-State Classic Medical Injury Alert Card System

Purpose:

To increase communication between the head table, medical staff, and coaches regarding any illness or injury sustained by a participating student athlete.

Process:

If an athlete is injured or becomes sick during the course of competition, the wrestler should be evaluated by an athletic trainer who, in turn, will issue a colored medical card as follows based on the severity of the injury:



<u>Yellow</u>: A yellow card will be filled out when an injured or sick athlete has been evaluated by an athletic trainer and has not been medically disqualified nor immediately cleared to return to competition without restrictions. If a yellow card is filled out, the athlete must report back to the medical station to be re-evaluated by an athletic trainer prior to the start of his/her next match. When a yellow card is issued, the head table is notified and the athlete's next match is flagged until a new card is issued by an athletic trainer.



<u>Green:</u> A green card will be filled out when an injured or sick athlete has been evaluated by an athletic trainer and is deemed medically cleared from his/her injury and able to return to competition without restrictions. When a green card is issued, the head table is notified and the athlete is able to return to his/her next bout as scheduled.



Red: A red card will be filled out when an injured or sick athlete has been evaluated by an athletic trainer and has been deemed medically disqualified from competition. If an athlete is issued a red card, a coach's signature is required before the card can be submitted to the head table. After the red card is completed, the head table is notified and the athlete will medically forfeit the remainder of his/her bouts.