

Weigh-Ins / Weight Allowances - Boys

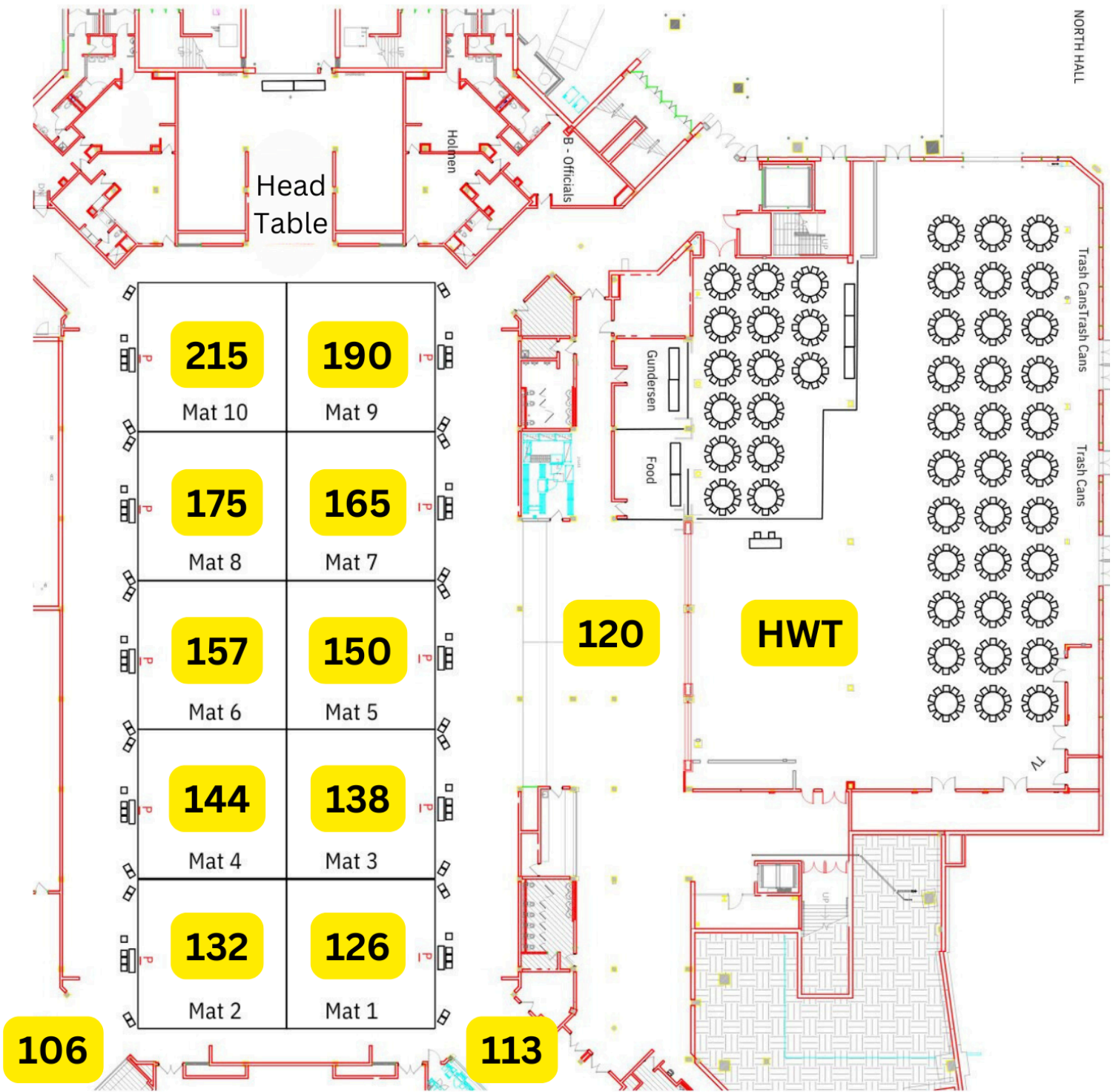
Weigh-Ins

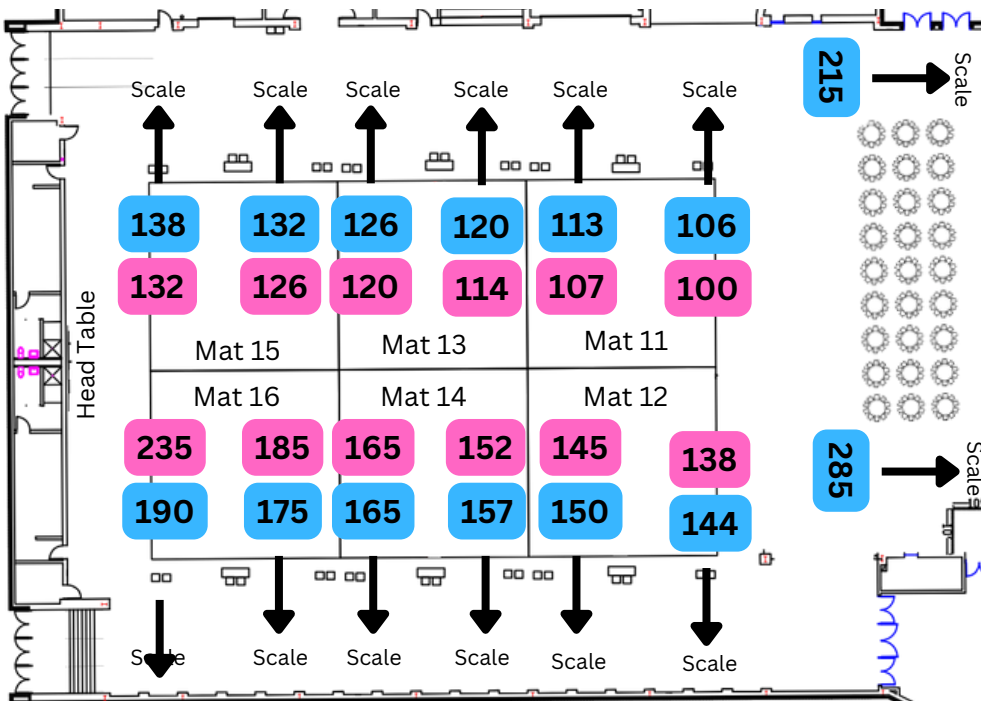
- 1) Up to 14 wrestlers per team will be allowed in for weigh-ins.
- 2) Only team personnel and school personnel will be allowed in the weigh-in areas.
- 3) Weigh-ins will be held as follows:
 - 7:45 a.m. on Friday, December 27, in the Main Arena
 - 7:45 a.m. on Saturday, December 28, in South Hall
- 4) Teams will weigh in by weight class, with wrestlers receiving their lanyard at the scale once they make weight.
- 5) We will use 14 scales for weigh-ins as follows:

Weight Allowances

- NFHS weight classes will be used.
- For day 1, there will be a two-pound weight allowance, i.e., wrestlers in the 106 lb. weight class can weigh 108 lbs. or less.
- For day 2, there will be an additional one-pound weight allowance, i.e., wrestlers in the 106 lb. weight class can weigh 109 lbs. or less.

BOYS WEIGH-IN DAY 1





Scale

Scale

Scale

Scale

Scale

Scale

138

132

126

120

113

106

132

126

120

114

107

100

Mat 15

Mat 13

Mat 11

Mat 16

Mat 14

Mat 12

235

185

165

152

145

138

190

175

165

157

150

144

Scale

Scale

Scale

Scale

Scale

Scale

215

Scale

285

Scale